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Grand Master K. H. Min Taekwondo Dojang
10001 – 168 street
Edmonton, AB, T5P 3W9
Phone: 780.484.6524 Fax: 780.481.9457
Email: khmin@telusplanet.net
www.edmontondragons.com

REGISTRATION GUIDELINES & THINGS TO REMEMBER

- ***NOTE: WE WILL BE DOING ALL DIVISIONS AHEAD OF TIME, THEREFORE THERE WILL NOT BE A LINE-UP. PLEASE BE ACCURATE ON YOUR REGISTRATION FORM TO AVOID MISINFORMATION. DUE TO THE LARGE NUMBER OF COMPETITORS, INCORRECT FORMS WILL LEAD TO DISQUALIFICATION. DRAWS WILL BE POSTED IN THE MORNING WITH RING ASSIGNMENTS FOR POOMSE AND SPARRING. ANY LATE REGISTRATIONS WILL NOT BE ACCEPTED. WE WILL CONFIRM VIA EMAIL YOUR ATHLETE REGISTRATIONS.***
- PLEASE ENSURE THAT UPON BOOKING YOUR HOTEL STAY YOU QUOTE THE **APPROPRIATE BOOKING CODES: K H MIN TAEKWONDO** TO GET THE SPECIAL RATE. GROUP BOOKING IS HIGHLY RECOMMENDED, AND ROOMS WILL BE HELD UNTIL FRIDAY, OCTOBER 3RD.
- PLEASE MAIL, FAX, OR EMAIL YOUR LIST OF COMPETITORS (PAGE 11) BY OR BEFORE OCTOBER 14TH TO ENSURE THAT WE HAVE YOUR INFORMATION.
- WHEN YOU ARRIVE ON FRIDAY, OCTOBER 17TH TO PAY FOR YOUR CLUB REGISTRATION, PLEASE MAKE SURE THE FORMS ARE PROPERLY FILLED OUT AND SIGNED, SIGNED BY PARENT OR GUARDIAN (IF UNDER 18 YEARS OF AGE), AND THAT PAYMENT IS MADE FOR EACH ATHLETE. ****WE WILL NOT ACCEPT REGISTRATIONS ON SATURDAY, OCTOBER 18TH.**
- JUNIOR AND SENIOR BLACK BELT WEIGH-INS WILL BE ON FRIDAY, OCTOBER 17TH AT REGISTRATION FROM 7-9PM TO ENSURE FAIR DIVISIONS, OR YOU CAN WEIGH-IN ON TOURNAMENT DAY AT 12:00PM.
- COLOR BELTS: PLEASE ENSURE THAT YOUR REGISTRATION FORM HAS THE "GUP" CIRCLED AS WELL AS THE COLOR OF BELT. *FILL OUT THE BELT THAT YOU WILL BE COMPETING AT.*
- PLEASE SUPPLY YOUR OWN WTF STYLE CHEST PROTECTOR, HEAD GEAR, ARM AND LEG GUARDS, GROIN GUARD, AND MOUTH GUARD. THERE WILL NOT BE ANY EQUIPMENT AVAILABLE TO BORROW AT INSPECTION. SOME EQUIPMENT WILL BE AVAILABLE FOR PURCHASE AT THE VENUE. MISSING EQUIPMENT WILL LEAD TO DISQUALIFICATION.
- IF YOU WILL BE PAYING BY CHEQUE, PLEASE MAKE IT PAYABLE TO **K. H. MIN TAEKWONDO.** **\$20.00 NSF FEE WILL APPLY TO ALL CHEQUES RETURNED NSF.**

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Beginning the Tournament Season Strong!



A Message from Grand Master K. H. Min



Ladies and Gentlemen, distinguished guests, I would like to take this opportunity to welcome all of you to the heart of Edmonton, for the **2014 31st Annual K. H. Min Invitational Taekwondo Championship**. As always, our tournament will help kick start the tournament season for Alberta and we are proud to consistently have large numbers of competitors in order to give our Alberta athletes the best experience possible.

I am very pleased to announce that this year's Invitational Tournament will be held on *Saturday, October 18th at the Kinsmen Sports Centre, 9100 Walterdale Hill NW, Edmonton, T6E 3V3*. This venue is located on the south side of the low-level bridge. There is *FREE* parking at the venue.

We are offering 2 host hotel this year, the *Comfort Inn & Suites*, located downtown on 10425 – 100th Avenue, and the *Holiday Inn Express*, located downtown on 10010 – 104th Street. The block of rooms for this event will be held until Friday, October 3rd.

If any of our guests have the urge to go shopping, the Edmonton City Centre offers great retail shopping and the West Edmonton Mall is only a 15 minute drive from downtown. *The tournament will have a concession with great food and prices so that you do not have to leave the venue for your snacks or lunch.*

As always, our organizing committee has been, and will continue to work hard to make this tournament an amazing experience for everyone! Our tournament will have the traditional Sparring and Poomse divisions, as well as a Breaking competition! The Breaking competition is always very popular and we are excited to see what our Canadian athletes will bring to the floor this year. The great thing about this division is that it is a competition that adults and seniors can participate in as well. ***This division is for people of all ages!***

The venue will be open at 8:30am for our athletes and guests to enter the venue. Children's Poomse and Sparring will begin soon after doors opening. Due to a large number of athletes expected, we will be completing all divisions ahead of time. We encourage all registrants to ensure that they fill out their information with absolute accuracy as once the divisions are made, we will not make alterations. We ask all Dojangs to put your active email address so that we may confirm registered athletes via email. Please note that ***we will not have a line-up of divisions.*** As always, we will have exciting Junior and Adult Black Belt competitions, which will begin immediately after our Adult color belt divisions.

I would like to make a special note in thanking the Competitors, the Coaches, the Referees, and the Volunteers from the bottom of my heart, for without their support, this Championship would be impossible to host.

Enclosed is the information on the accommodations, competition details and a registration form. Should you require further details, please do not hesitate to contact K. H. Min Taekwondo Dojang at 780.484.6524 or email: khmin@telusplanet.net.

Welcome once again and good luck to all of you!



Grand Master Hyung Keun Min



Master Jenny Min

“Train for REAL, Fight for FUN!”
**2014 31ST ANNUAL K. H. MIN INVITATIONAL
TAEKWONDO CHAMPIONSHIP**

- Date:** Saturday, October 18th, 2014
- Venue:** Kinsmen Sports Centre **Parking is FREE and available at the venue.*
9100 Walterdale Hill, NW, T6E 3V3
- Registration:** **Early Registration:** Please have forms in our office by mail, email, or fax ***no later than October 14th. Include the “Mandatory List of Competitors”, page 11. Color Belts: Please be accurate and circle the proper gup on the Competitor Application Form.***
Payment: Friday, October 17th at Kinsmen Sports Centre, **6:30pm – 9:30pm.**
- Weigh-ins:** Weigh-ins will be for **Junior and Senior Black Belts only** and will be at registrations (Friday, October 17th from 7-9pm). To ensure fairness, all Black Belt divisions will be entirely completed by weight. Divisions will be made ahead of time so please be very accurate.
- Eligibility:** Must be a member of an established WTF school and have received an invitation package.
- Rules:** Olympic style WTF rules (all children and seniors-ATA rules**)
****No head contact for color belt competition. Head contact for all black belts 12 years and older.**
- Equipment:** Chest protector, head gear, arm & shin pads, groin guards, and mouth guards are mandatory for all competitors. Missing equipment will result in disqualification.
- Event Time:
(Estimated times)** **Doors open:** 8:30AM
Children’s Poomse competition: 9:00AM
Sparring Eliminations: Children – 10:00AM
Adult Color Belt, Junior and Senior Black Belt divisions – please be at venue by 12:00pm. We will start Adult color belt immediately after Children’s sparring with Junior and Senior Black belts beginning immediately after Adult color belts.
Color Belts: Two 1 minute rounds with a 30 sec. Break **subject to change*
Junior Black Belts: Two 2 minute rounds with a 30 sec. Break **subject to change*
Senior Black Belts: Three 2 minute rounds with a 30 sec. break **subject to change*
- Entry Fee:** One Event: \$60.00 Two Events: \$70.00 Three Events: \$80.00
Four or more Events: add \$10.00 for each additional event.
- Admission:** \$10.00 per person
5 yrs. and under free (Must be accompanied by an adult)
- Accommodations:** **1) Comfort Inn & Suites** 10425 – 101th Avenue, Edmonton, T5J 0A3
Tel. 780.423.5611
-2 Queen beds \$130.00 + gst and applicable taxes for up to double occupancy (includes deluxe breakfast and wi-fi)
2) Holiday Inn Express Downtown 10010 – 104 Street, Edmonton, T5J 0Z1
Tel. 780.701.3315, or toll free 1.877.423.4656.
-Standard Double Queen \$124.99 + gst and applicable taxes for up to double occupancy (includes deluxe breakfast)
****Book by October 3rd to secure your room and rate****
**To obtain this special rate, please quote the group code: KH MIN TAEKWONDO when making your reservations.*
**Please Note: It is advisable to book as a group and provide a room list for the Hotel in order to eliminate any complications at the time of check-in. We strongly advise you to book as far ahead as possible to ensure that you receive rooms.*

SPARRING DIVISION

BLACK BELTS:

OLYMPIC WEIGHT CATEGORY

MEN

58 kg & under
58 kg to 68 kg
68 kg to 80 kg
80 kg & over

WOMEN

49 kg & under
49 kg to 57 kg
57 kg to 67 kg
67 kg & over

Please note: If there are a large number of black belt competitors, National Division weight categories will be utilized. Weigh-ins for black belts will be at Friday night registration.

ADULTS I, II, III:

MEN 16 YEARS AND OVER (group I)

(Up to 3 weight divisions)

Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

WOMEN 16 YEARS AND OVER (group I)

(Up to 3 weight divisions)

Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

MEN 40 - 50 (group II) MEN 50+ (group III)

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

WOMEN 40 - 50 (group II) WOMEN 50+ (group III)

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

JUNIOR BOYS:

12 - 15 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

9 - 11 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

6 - 8 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

5 YEARS AND UNDER

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

JUNIOR GIRLS:

12 - 15 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

9 - 11 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

6 - 8 YEARS

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

5 YEARS AND UNDER

(Up to 3 weight divisions)

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

ALL SPARRING DIVISIONS MAY BE ADJUSTED IN ORDER TO ENSURE FAIR AND SAFE COMPETITION FOR ALL ATHLETES

AWARDS PRESENTED FOR 1ST, 2ND, & 3RD PLACE

POOMSE DIVISION

ADULTS I MEN OVER 15 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

WOMEN 16 YEARS AND OVER

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

ADULTS II MEN OVER 30 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

WOMEN 30 YEARS OR OVER

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

JUNIOR BOYS: 12 - 15 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

9 - 11 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

6 - 8 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

5 YEARS AND UNDER

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

JUNIOR GIRLS: 12 - 15 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

9 - 11 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

6 - 8 YEARS

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

5 YEARS AND UNDER

Black Belt
Red Belt
Blue Belt
Green Belt
Yellow Belt
White Belt

BREAKING COMPETITION

MALE DIVISION:

1) High Jumping kick:

- Any Belt level can compete in this division. Divisions will be divided by age and belts.
- Double Front kick technique only.
- Elimination rounds: each athlete will be given two attempts to break their board. A board broken on either attempt with a successful landing on both feet only (no other body parts). Athletes are not required to break a board on both attempts. A running start will be given to all athletes.
- 1st round of elimination: determined by successful breaking of board and landing.
- 2nd round of elimination: determined by successful breaking of board and landing with an increase in height from 1st round.
- consecutive elimination rounds: determined by successful breaking of board and landing with an increase in height from previous rounds until the finalists are determined. **Winner of this division will be determined by the highest kick with a successful break and landing, and proper technique of kick.**

2) Flying side kick:

- Any Belt level can compete in this division. Divisions will be divided by age and belts.
- Flying side kick technique only.
- Elimination rounds: each athlete will be given two attempts to break their board. A marker will be set to determine where an athlete will launch into the air. This marker can not be touched or crossed by an athlete, meaning an athlete will have to jump behind the marker. A successful jump will be determined by an athlete jumping before the marker (without touching or crossing the marker) and breaking their board with a successful landing on both feet only (no other body parts). Athletes are not required to break a board on both attempts. A running start will be given to all athletes.
- Each round of elimination: determined by successful launch from behind the marker, the breaking of the board, and the proper landing on two feet. **Winner of this division will be determined by previous listed factors as well as proper technique of kick.**

FEMALE DIVISION:

1) Flying side kick:

- Any Belt level can compete in this division. Divisions will be divided by age and belts.
- Flying side kick technique only.
- Elimination rounds: each athlete will be given two attempts to break their board. A marker will be set to determine where an athlete will launch into the air. This marker can not be touched or crossed by an athlete, meaning an athlete will have to jump behind the marker. A successful jump will be determined by an athlete jumping before the marker (without touching or crossing the marker) and breaking their board with a successful landing on both feet only (no other body parts). Athletes are not required to break a board on both attempts. A running start will be given to all athletes.
- Each round of elimination: determined by successful launch from behind the marker, the breaking of the board, and the proper landing on two feet. **Winner of this division will be determined by previous listed factors as well as proper technique of kick.**



2014
31ST Annual K. H. Min
Invitational Taekwondo Championship
 Phone: 780.484.6524 Fax: 780.481.9457
 Email: khmin@telusplanet.net

*“Beginning the
 Tournament
 Season
STRONG!”*

COMPETITOR APPLICATION

PLEASE FILL IN YOUR FORM ACCURATELY AS ALL DIVISIONS WILL BE COMPLETED BEFORE THE COMPETITION DATE. MISSING OR WRONG INFORMATION WILL LEAD TO DISQUALIFICATION. THERE WILL BE NO LINE-UPS. A CONFIRMATION EMAIL OF REGISTERED ATHLETES WILL BE SENT TO THE DOJANG EMAIL TO ENSURE ACCURACY. THANK YOU.

Name: _____		Sex: M F	
Birth Date: / / _____ Day Month Year		Age (at time of event): _____	
Master/Instructor: _____		Dojang: _____	
**Dojang Phone: () _____		**Dojang Email: _____	
Home Phone: () _____		Cell Phone:() _____	
**Height: _____ (cm) MANDATORY		**Weight: _____(lbs) MANDATORY	
Please be accurate		10 , 9 8 , 7 6 , 5 4 , 3 2 , 1	Black Belt:_____
Rank: Gup (Circle gup number and color)		White Yellow Green Blue Red	Circle one: Poom / Dan
Division(s): Please check mark the divisions you will be competing in.			
POOMSE: _____ SPARRING: _____ BREAKING: _____ If you are breaking, indicate all breaks you will be doing (eg. “Flying Side kick”): _____			
Number of Divisions: Please check mark the number of divisions you will be competing in:			
One Div.: _____ Two Div.'s: _____ Three Div.'s: _____ Four Div.'s: _____			
Cost: One Div. \$60.00 ♦ Two Div. \$70.00 ♦ Three Div. \$80.00 each additional div. add \$10.00			

PLEASE FILL IN PAGE 11 “MANDATORY LIST OF COMPETITORS” FORM AND FAX, MAIL, OR EMAIL FORMS. ALL FORMS WILL NEED TO BE IN OUR OFFICE BY TUESDAY, OCTOBER 14th.

I, the undersigned, hereby submit my application for registration in this Taekwondo Championship. I voluntarily assume all risks in any way connected with my participation in the said championship and hereby waive all claims howsoever caused, including negligence, against any and all persons and any and all organizations and championship directors connected with the above actions and conduct during and in connection with the said championships.

I agree that my performance or attendance at the competition or both may be filmed or otherwise recorded or telecast live, and I consent to the use by the Tournament Officials and/or Directors of the above mentioned Championship, to use my name, likeness, voice, poses, pictures, and/or biographical data concerning me, fully or in any language with or without material throughout the world without limitation, for television, radio, and/or theatrical motion pictures by any device known or hereafter devised and I waive compensation therefore.

Date: _____ Signature of athlete: _____

Signature of Parent or Guardian (if under 18): _____

RING SUPPORT AND REFEREE APPLICATION FORM

2014 31st Annual K. H. Min Invitational Taekwondo Championship

NAME: _____

AGE: _____

BLACK BELT DAN (circle one): 1st 2nd 3rd 4th

DOJANG: _____ **PHONE NUMBER:** () _____

PERSONAL CONTACT NUMBER: () _____

EMAIL: _____

IF YOU ARE A REFEREE, PLEASE INDICATE WHICH LEVEL BELOW:

PRESENT REFEREE CLASS: (please circle)

PROVINCIAL:	P class	3rd class	2nd class	1st class
NATIONAL:	3rd class	2nd class	1st class	
INTERNATIONAL:	3rd class	2nd class	1st class	

Please send applications to:

**Organizing committee
Grand Master K. H. Min Taekwondo
10001-168 Street NW
Edmonton, AB, T5P 3W9**

**Phone: 780.484.6524
Fax: 780.481.9457
Email: khmin@telusplanet.net**

***MANDATORY* LIST OF COMPETITORS – MUST BE RECEIVED IN OUR OFFICE BY MAIL, EMAIL, OR FAX NO LATER THAN OCTOBER 14th, 2014.**

CLUB NAME: _____ **CLUB EMAIL:** _____

***A confirmation email will be sent to the Club Email provided to confirm athlete registrations.**

No.	NAME	RANK (gup)	AGE	M/F	Height (cm)	Weight (lbs)	DIVISIONS: POOMSE, SPARRING, BREAKING (please list breaks below)
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							
22							

Please use this space to list breaks (include name of athlete) or any other information:

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Medical Fitness Form to Compete

This form **MUST BE COMPLETED** for your application to be accepted.

Name _____ Date of Birth _____ Phone _____

Mm/dd/yyyy

Address _____ AHC# _____

1. I hereby certify that I have not suffered a concussion, head injury, loss of consciousness or blow to the head followed by dizziness, memory loss or headache **in any activity** in the past 30 days.

Signed _____

Under 18 years, Legal Guardian _____

Date _____

2. Have you suffered a head injury, loss of consciousness, concussion or blow to the head in the past 6 months?

_____ YES

_____ NO

3. If **YES**, what symptoms did you have **after** the injury?

___ dizziness ___ blurred vision ___ amnesia ___ feeling in a fog
___ tingling ___ headache ___ irritability ___ ringing in the ears
___ numbness ___ nausea ___ vomiting ___ sensitivity to light
___ inability to concentrate ___ seeing flashing lights

4. Of the above symptoms, do you still experience any of these?

_____ YES

_____ NO

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