



CHAN LEE TAEKWONDO KOREAN TERMINOLOGY

BASIC TAEKWONDO TERMS & COMMANDS IN CLASS		BASIC KOREAN CONVERSATION	
MASTER/INSTRUCTOR	SA BUM NIM (you need to call all instructor by this)	HELLO	AN YONG HA SAE YO
UNIFORM	DOBOK	MY NAME IS _____.	JEO NEUN _____ IM NI DA
TAEKWONDO GYM/CLUB	DOJANG	I AM ___ YEARS OLD.	JEO NEUN _____ SAL IM NI DA
YELL	GI-HAP	ELEMENTARY	CHO DEUNG HAK SANG
PATTERN	POOMSE	JR.HIGH	JOONG HAK SANG
SPARRING	GYO ROO GI	HIGH SCHOOL	GO DEUNG HAK SANG
SELF-DEFENSE	HO SHIN SUL	UNIVERSITY	DAE HAK SANG
KOREAN FLAG	TAE GUEK GI	I AM ___ STUDENT.	JEO NEUN _____ IM NI DA
CHEST PROTECTOR	HO GOO	I LIKE TAEKWONDO	JEO NEUN TAEKWONDO RUL JO WHA HAM NI DA
ATTENTION	CHA RYUT	MY MASTER IS MASTER CHANWOO LEE	JAE SABUMNIM EUM LEE CHANWOO SABUMNIM IM NI DA
BOW	KYUNG NAE	NICE TO MEET YOU	BAN GAP SEUM NI DA
MOMENT OF SILENCE	MUK NYUM	THANK YOU	GAM SA HAM NI DA
READY	JOON BI	GOOD BYE (STAY WELL)	AN YONG HEE GAE SAE YO
BEGIN	SHI JAK	GOOD BYE (GO WELL)	AN YONG HEE GA SAE YO
FINISH/BACK TO START	BA LO	GOOD CLASS/WORKED HARD	SU GO HA SHUT SEUM NI DA
STOP	KEU MAN	YES	NAE
REALAX	SHI-O	NO	AH NI YO
TURN AROUND	DWI RO DO RA	START /END OF CLASS (RESPECT TO THE FLAG)	
OLYMPIC SPARRING BASIC TERMINOLOGY		ATTENTION! BOW TO FLAG!	CHA RYUT, GUEK GI EH DAE HA YO KYUNG NAE!
BLUE	CHUNG	FINISH	BA LO
RED	HONG	MOMENT OF SILENCE (ONLY AT START OF CLASS)	MUK NYUM
SEPARATE	GAL YEO	FINSH	BA LO
TIME	SHI GAN	BOW TO MASTER	CHA RYUT, SA BUM NIM GAE KYUNG NAE!
CONTINUE	GAE SOKE		
WARNING	KYUNG GO		
DEDUCTION	GUM JEOM		
WIN	SEUNG		

KOREAN NUMBERS			
ONE (1) HA NA	TWO (2) DOOL	THREE (3) SET	FOUR (4) NET
FIVE (5) DA SUT	SIX (6) YEO SUT	SEVEN (7) ILL GOPE	EIGHT (8) YEO DUL
NINE (9) AH HOPE	TEN (10) YEOL	11 - YEOL HANA	12 - YEOL DOOL
20 - SU MUL	21-SU MUL HANA...	22 - SU MUL DOOL...	23 - SU MUL SET
30 - SUL HEUN	40 - MA HEUN	50 - SHI EUN	60 - YEH SOON
70 - ILL HEUN	80 - YEO DEUN	90 - AH HEUN	100 - BAEK!

TAEKWONDO BASIC STANCES	
CLOSED STANCE	MO AH SUH GI
READY STANCE	JOON BI SUH GI
HORSE RIDING STANCE	JOO CHOOM SUH GI
WALKING STANCE	AP SUH GI
LONG STANCE	AP GOO PYUH SUH GI
BACK STANCE	DWI GOO PYUH SUH GI
TIGER STANCE	BUM SUH GI
CROSS STANCE	KO WAH SUH GI
CRANCE STANCE	HAWK DA LEE SUH GI
TAEKWONDO BASIC BLOCKS	
DOWN BLOCK	AH RAE MAK GI
HIGH BLOCK	UL GUL MAK GI
(OUT TO IN) MIDDLE BLOCK	MON TONG (AHN) MAK GI
(IN TO OUT) MIDDLE BLOCK	MON TONG (BA GAT) MAK GI
ONE KNIFE HAND BLOCK	HAN SON NAL MAK GI
DOUBLE KNIFE HAND BLOCK	YANG SO NAL MAK GI
DOUBLE KNIFE HAND DOWN BLOCK	YANG SO NAL AH RAE MAK GI
IN TO OUT HIGH BLOCK	UH GUL (BA GAT) MAK GI
ONE KNIFE HAND HIGH BLOCK	HAN SO NAL TUL UH MAK GI
SCISSOR BLOCK	GA WHI MAK GI

TAEKWONDO BASIC ATTACKING MOTION	
FIST	JU MOK
KNUCKLE FIST	PYUHN JU MOK
FINGER FIST	BUM JU MOK
BACK FIST	DEUNG JU MOK
HAMMER FIST	MAE JU MOK
KNIFE HAND	SON NAL
THRUST	SON KEUT
TIGER MOUTH	AH GWI SON
PALM FIST	BA TANG SON
ELBOW STRIKE	PAL KEUM SHI
SWALLOW NECK STRIKE	JAE BI POM MOK CHI GI
TAEKWONDO BASIC KICKS	
RISING KICK	BUH DUH OLEE GI
FRONT KICK	AP CHA GI
ROUND HOUSE KICK	DOL YEO CHA GI
SIDE KICK	YEUP CHA GI
X-KICK	CHIK GI
BACK KICK	DWI CHA GI
BACK SPIN KICK	HWAE CHOOK
360 / TORNADO	TURN
DOUBLE KICK	NA RAE CHA GI